

ADULT EDUCATION

Part-Time Evening Short Courses

ENROLMENT DATES

9th January 2012

7.00pm – 9.00pm

Classes commence Monday 23rd January 2012

Ten Week courses

Principal

Orla Kehily B.A., H.D.E, H.D.E.S

Deputy Principal

Teresa Murphy B.A. H.D.E., M. Sc.Ed. Mgt.

Director of Adult Education

Enda Marren B.Comm H.D.E enda.marren@plunket.cdvec.ie

Pilates Mon 7.00 – 8.30 €75

Pilates helps you achieve better posture, flexibility and strength while shaping and toning your body. The result is a balanced and aligned body that looks fit, feels revitalized and moves with ease. Suitable for all ages and levels of fitness. Bring along a mat and a small bath towel or yoga block.

Sign Language Mon 7.00-8.30 €75

A practical course for beginners using Irish sign language.

Woodcarving Wed 7.00 - 9.00 €120

This is a basic course in the skills required for wood carving; the course aims to provide the student with skills for the production of a variety of wood carving projects.

Basic materials provided.

Introduction to English Literature Mon 7 - 8.30 €75

You may have had little opportunity to read a truly great work of English Literature. Although those names from Shakespeare and Milton through to Swift to Keats and Shelly that you have heard of, you now have the chance to study on this course.

We will also feature our own great writers, Yeats , O'Casey, Kavanagh, Heaney, Friel etc.

The course will be informal but highly educative.

Philosophy is for you Wed 7 - 8.30 €75

This 10-week-course will offer an introduction to western philosophy. It will cover the Pre-Socrates, Plato and Aristotle moving on to the medieval thinkers like St. Thomas Aquinas. Then we will look at Kant, Hegel, Descartes, Nietzsche and Schopenhauer

We will end 20th century thinkers including Heidegger, Sartre, Camus and Wittengenstein.

Discussion on ideas would be encouraged and advice to students who may wish to study particular philosophers further.

Part-Time Day Courses

ACTIVE RETIRED (Day Class)

Now that you have the time do something you really enjoy.

Course	Day	Time	Fee
Art—Painting & Sketching	Wed	1.30 - 3.30 pm	€61
Computers for Beginners	Wed	1.30 – 3.30pm	€61
Computers (Computers Improvers)	Wed	1.30 –3.30pm	€61

These courses are intended to provide an opportunity to stay mentally alert and challenged to meet others who have similar interests.